

Grade Level: Preschool

Duration: 1 Period (Approximately 40 minutes)

Topic: Finger Painting for Self-Expression

Content Standard:

To develop fine motor skills and encourage creativity and emotional expression through art activities.

Learning Objectives:

At the end of the lesson, students will be able to:

1. Express emotions and ideas playfully, using techniques of finger painting.
2. Enhance hand-eye coordination and fine motor movements.
3. Recognize and identify the names of primary colours used in their artwork.

Materials Required:

- Non-toxic finger paints (red, blue, yellow)
- Large sheets of paper
- Protective aprons for children
- Wet wipes or handwashing station
- Plastic table covers
- Examples of abstract finger-painted art (optional)

Lesson Procedure:

1. Introduction (5 minutes):

- Greet the students and bring them around a demonstration table.
- Briefly explain finger painting and why it is fun and important to express feelings and ideas.
- Show examples of finger-painted art and discuss the emotions or ideas these might represent.
- Emphasize that there is no "wrong" way to finger paint; it's all about creativity and self-expression.

2. Demonstration (5 minutes):

- Put on an apron and demonstrate how to use finger paints.
 - Show how to dip fingers into paint and make different patterns (dots, swirls, lines).
 - Mix two colours on the paper to create a new colour, explaining the process aloud.

- Discuss how different colours can represent different feelings (e.g., blue for calm, red for excitement).

3. Hands-On Activity (20 minutes):

- Distribute the materials to each child's workstation.
- Encourage students to:
 - Get the feel of paint on their fingers.
 - Make patterns or pictures showing their feelings or favourite things.
 - Experiment with mixing colours.
- Walk around giving positive reinforcement, encouraging the students to talk about their work.

4. Clean Up and Reflection (5 minutes):

- Direct students to wash their hands and clean their workspace.
- Have the students sit in a circle and show their paintings to the others.
 - Ask questions such as, "What is in your painting?" or "How did you feel when you were making this?"

5. Closure (5 minutes):

- Summarize the activity, emphasizing how feelings and thoughts can be expressed through art.
- Ask students to do finger painting at home and share it with their families.

Assessment:

- Observe student engagement and participation in the activity.
- Record the ability to name colours and describe their artwork.
- Note fine motor coordination improvements and willingness to express emotions.

Extensions and Modifications:

- For advanced students, introduce secondary colours and guide them to create these through mixing.
- For students with sensory sensitivities, provide gloves or tools like brushes or sponges to paint with.

Differentiation:

- Younger students: Use larger paper and have fewer colour choices so the children are not overwhelmed.
- Older children: Encourage more involved compositions and the use of other tools to create textures and effects.

- Students with special needs: Adapt materials and activities according to the individual child's needs. Thicker paint or adaptive tool for gripping.

Extensions:

- Writing Activity: Have the students write a story or a poem using their finger painting for inspiration.
- Music Connection: Have students paint to different types of music that express various moods.
- Display: Allow the students to create a classroom display of their finger paintings along with titles that express themselves.